



BISHOP NEUMANN GIRLS ALL TIME TOP TEN INDIVIDUAL PERFORMANCES

<u>100m Dash</u>				<u>100m Int Hurdles</u>			<u>200m Dash</u>					
		<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>			<u>mark</u>	<u>year</u>		
1	Sue Ahrens	12.54c	1988	1	Morgan Vasa	14.74c	2015	1	Aspen Jansa	FAT	25.72	2018
2	Aspen Jansa	FAT 12.67	2016	2	Melanie Blum	14.94c	2012	2	Sue Ahrens		25.74c	1988
3	Emily Kmiecik	12.74c	2009	3	Bridget Meduna	FAT 15.01	2005	3	Emily Kmiecik		26.54c	2009
4	Krissy Turman	12.84c	2003	4	Krissy Turman	15.14c	2003	4	Teresa Quinn	FAT	26.59	2022
T5	Megan Meduna	12.94c	2007	5	Anna Vedral	15.24c	2019	5	Megan Meduna		26.74c	2006
T5	Alice Bartek	12.94c	1999	6	McKenzie Fujan	FAT 15.35	2009	6	Natalie Meduna		27.14c	2006
T7	Natalie Meduna	13.14c	2004	7	Lizzy Mach	FAT 15.38	2008	7	Morgan Vasa		27.24c	2014
T7	Mary Osmera	13.14c	1992	8	Lisa Chvatal	15.3	1988	8	Elli Wyllie	FAT	27.43	2018
9	Mary Chvatal	FAT 13.19	2022	T9	Kelly Fujan	15.84c	1988	T9	Jen Vrana		27.44c	2000
T10	Allison Bartek	13.24c	1999	T9	Stacy Woita	15.84c	1992	T9	Taylor Vasa		27.44c	2012
T10	Taylor Vasa	13.24c	2009	T9	Lauren Vasa	15.84c	2014					

<u>300m Low Hurdles</u>				<u>400m Dash</u>			<u>800m Run</u>					
		<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>			<u>mark</u>	<u>year</u>		
1	Morgan Vasa	FAT 44.44	2015	1	Aspen Jansa	FAT 58.24	2018	1	Amy Semrad		2:21.84c	1995
2	McKenzie Fujan	FAT 45.52	2009	2	Sue Ahrens	58.44c	1988	2	Cassie Coufal	FAT	2:22.84	2021
3	Kinslee Bosak	FAT 46.09	2022	3	McKenzie Fujan	FAT 59.52	2007	3	Sara Reeves		2:23.0	2008
4	Kali Jurgensmeier	FAT 46.29	2021	4	Megan Meduna	FAT 59.97	2006	4	Linda Specht		2:23.2	1988
5	Bridget Meduna	CET 46.43	2004	5	Kali Jurgensmeier	FAT 60.00	2021	5	Abby Pospisil		2:23.4	2008
6	Melanie Blum	46.44c	2012	6	Morgan Vasa	60.4	2015	6	Faith Polacek	FAT	2:23.78	2018
7	Lauren Vasa	CET 46.57	2012	7	Taylor Vasa	60.8	2012	7	Chelsea Spangler		2:26.0	2007
8	Molli Vasa	FAT 46.90	2018	8	Molli Vasa	FAT 61.05	2018	8	Maura Dailey	FAT	2:26.84	2016
9	Erin Dailey	CET 46.89	2002	9	Abby Pospisil	61.24c	2007	9	Taylor Vasa		2:26.7	2012
10	Hannah Allfree	CET 46.98	2015	10	Kinslee Bosak	FAT 61.32	2022	10	Dana Meduna		2:27.7	2011

<u>1600m Run</u>				<u>3200m Run</u>			<u>Discus</u>					
		<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>			<u>mark</u>	<u>year</u>		
1	Jacey Benal	FAT 5:27.9	2005	1	Wendy Hohn	11:50.64c	1995	1	Kari Hohn		146' 2	1993
2	Cassie Coufal	FAT 5:34.24	2021	2	Maddie Coufal	11:56.44c	2016	2	Lizzie Virgl		128' 9	2014
3	Wendy Hohn	5:34.2	1995	3	Jacey Benal	FAT 11:57.51	2005	3	Tessa Klein		128' 7	2010
4	Erin Gerdes	5:34.3	2007	4	Erin Gerdes	12:00.0	2007	4	Becky Virgl		125' 0	2016
5	Maddie Coufal	FAT 5:38.1	2016	5	Kendra Kavan	12:33.0	2005	5	Hadley Chvatal		123' 2	2018
6	Linda Specht	5:38.1	1988	6	Makenzie Woita	FAT 12:36.14	2016	6	Karen Braun		122' 5	2008
7	Stephanie Vanek	5:39.1	1992	7	Carol Simons	FAT 12:39.17	1998	7	Kelsey Chapek		121' 4	2013
8	Paige Polacek	FAT 5:43.06	2016	8	Sara Spicka	12:43.9	1998	8	Jenny Ptacek		119' 8	1998
9	Chelsea Svara	5:44.4	2011	9	Kristi Zimola	12:47.6	2000	T10	Jessica Weiss		117' 2	2006
10	Dana Meduna	FAT 5:47.05	2014	10	Alexis Woita	12:48.0	2007	T10	Melissa Peterson		117' 2	1995

<u>Long Jump</u>				<u>Triple Jump</u>			<u>Shot</u>					
		<u>mark</u>	<u>year</u>		<u>mark</u>	<u>year</u>			<u>mark</u>	<u>year</u>		
1	Lizzy Mach	18' 3	2006	1	Lizzy Mach	37' 1	2006	1	Kelsey Chapek		42' 5.5	2014
2	Melanie Blum	17' 3	2011	2	Kali Jurgensmeier	36' 9	2021	T2	Kari Hohn		41' 4	1993
3	Krissy Turman	17' 2.25	2003	3	Melanie Blum	36' 4.5	2012	T2	Natalie Meduna		41' 4	2005
4	Emily Kmiecik	17' 2	2009	4	Brittany Wotipka	36' 4.25	2008	4	Tessa Klein		40' 11	2010
5	Mary Hohl	17' 1	?1985	5	Caitlin Makovicka	35' 11	2016	5	Karen Braun		38' 6	2008
6	Tracy Stuchlik	16' 10.5	1992	6	Emily Kmiecik	34' 10	2006	6	Alice Bartek		38' 3	2000
7	Brittany Wotipka	16' 9	2008	7	Tina Masek	34' 8.25	1996	7	Jessica Weiss		38' 1.5	2006
8	Genna Uden	16' 7.5	2004	8	Caitlin McGuigan	34' 4.75	2022	8	Wendy Mach		38' 0.5	2005
9	Mary Chvatal	16' 6.75	2021	9	Kelsie Cada	33' 10	2016	9	Cera Woita		37' 9	2012
10	Jen Vrana	16' 5	2002	T10	Cassie Miller	33' 2	1998	10	Jenny Ptacek		37' 6	1998
				T10	Rachel Kauffold	33' 2	2005					

<u>High Jump</u>			
		<u>mark</u>	<u>year</u>
1	Kelly Fujan	5' 7	1989
2	Erin Dailey	5' 6	1999
3	Alyssa Stanek	5' 5.5	2010
T4	Tina Masek	5' 5	1996
T4	Kali Jurgensmeier	5' 5	2022
T5	Emily Roberts	5' 4	2002
T5	Kelly Rezac	5' 4	1999
8	Caitlin Makovicka	5' 3.5	2016
9	Bridget Meduna	5' 3	2003
T10	Lizzy Mach	5' 0	2007
T10	Paige Carnahan	5' 0	2014
T10	Hannah Allfree	5' 0	2015
T10	Bridget Whitney	5' 0	2022

<u>All-Time Relays</u>			
		<u>mark</u>	<u>year</u>
1	- 3200	9:39.24c	2008
	S Reeves / H Fujan / A Woita / A Pospisil		
2	- 9:48.93	-1995	(MO / WH / EO / AS)
3	- 9:50.70	-2006	(JW / CS / SR / AP)
4	- 9:54.02	- 2022	(CC / KJ / AZ / KB)
1	- 1600	4:05.31	FAT 2018
	M Vasa / E Wyllie / F Polacek / A Jansa		
2	- 4:06.17	-2015	(MgV / MoV / HA / AJ)
3	- 4:06.34	-2008	(MM / MF / AP / SR)
4	- 4:07.19	-2005	(MM / CS / RK / BM)
1	- 400	50.80	FAT 2008
	M Fujan / M Meduna / H Fujan / E Kmiecik		
2	- 50.90	-2015	(MgV / HA / MoV / AJ)

<u>2022 Relays</u>			
		<u>mark</u>	<u>year</u>
4th	3200	9:54.02	
	Cassie Coufal, Adelyn Zwick Kali Jurgensmeier, Kinslee Boask		
(11th)	1600	4:14.61	
	Kinslee Bosak, Adalin Zwick Caitlin McGuigan, Teresa Quinn		
3rd	400	51.16	
	Lizzie Lilly, Mary Chvatal Jill Johnson, Teresa Quinn		

