



# Bishop Neumann Wrestling 2022 – 2023



## Seniors

Max Lautenschlager  
Cade Lierman  
Aaron Ohnoutka  
Adam Ohnoutka  
Thomas Vrana

## Juniors

Trent Moudry

## Sophomores

David Hart  
Ben Lautenschlager

## Freshmen

Jack Dart  
Landon Sund

## Student Managers

Sebastian Lautenschlager

William Hart  
Jackson Schroeder

Philip Vrana

## Head Coaches

Daryl Braunsroth      John Welsh

## Assistant Coaches

Adam Thompson      Keith Chvatal

# 2022-23

	<u>Name</u>	<u>Varsity Record</u>		<u>JV Record</u>		<u>Total</u>		<u>Takedowns</u>	<u>Escapes</u>	<u>Reversals</u>	<u>2 Pt. NF</u>	<u>3 Pt. NF</u>	<u>Pins</u>	<u>Team Points</u>			
1	Max Lautenschlager	49 - 10	83%	0 - 0		49 - 10	83%	74	14	26	17	26	36	293.5			
2	Cade Lierman	43 - 4	91%	4 - 0	100%	47 - 4	92%	108	34	8	8	17	27	254.5			
3	Aaron Ohnoutka	53 - 1	98%	0 - 0		53 - 1	98%	74	10	15	11	12	31	326.0			
4	Adam Ohnoutka	50 - 8	86%	0 - 0		50 - 8	86%	92	31	25	25	18	25	282.0			
5	Thomas Vrana	40 - 16	71%	0 - 0		40 - 16	71%	57	18	9	8	11	32	220.0			
6	Trent Moudry	39 - 2	95%	0 - 0		39 - 2	95%	61	10	5	7	4	27	247.0			
7	David Hart	18 - 8	69%	1 - 0	100%	19 - 8	70%	40	8	9	14	8	15	123.0			
8	Ben Lautenschlager	9 - 11	45%	8 - 12	40%	17 - 23	43%	28	13	12	4	5	11	43.0			
9	Jack Dart	4 - 29	12%	0 - 3		4 - 32	11%	7	13	1	3	1	2	15.0			
10	Landon Sund	41 - 11	79%	0 - 0		41 - 11	79%	65	20	19	15	20	26	246.5			
Total		346	100	78%	13	15	46%	359	115	76%	606	171	129	112	122	232	2050.5

# Bishop Neumann Wrestling

2022 – 2023

## Tournament Placings

### Conestoga - 2nd 171.5

Aaron Ohnoutka 1st  
Landon Sund 3rd  
David Hart 3rd  
Max Lautenschlager 1st  
Cade Lierman 3rd  
Adam Ohnoutka 2nd  
Trent Moudry 1st  
Thomas Vrana 3rd

### Arlington - 1st 165.5

Landon Sund 1st  
Aaron Ohnoutka 1st  
David Hart 1st  
Cade Lierman 2nd  
Max Lautenschlager 2nd  
Adam Ohnoutka 1st  
Trent Moudry 1st

### Fillmore Ctr - 3rd 144.0

Landon Sund 2nd  
Aaron Ohnoutka 1st  
David Hart 6th  
Max Lautenschlager 1st  
Adam Ohnoutka 1st  
Thomas Vrana 3rd  
Trent Moudry 2nd

### Clarkson-Leigh - 2nd 189.5

Landon Sund 2nd  
Aaron Ohnoutka 1st  
David Hart 2nd  
Cade Lierman 1st  
Max Lautenschlager 2nd  
Adam Ohnoutka 2nd  
Thomas Vrana 2nd

### Neumann - 2nd 189.5

Landon Sund 1st  
Aaron Ohnoutka 1st  
David Hart 1st  
Cade Lierman 1st  
Max Lautenschlager 2nd  
Adam Ohnoutka 1st  
Thomas Vrana 3rd  
Trent Moudry 1st

### Conference - 2nd 156.5

Landon Sund 1st  
Aaron Ohnoutka 1st  
David Hart 1st  
Cade Lierman 1st  
Max Lautenschlager 3rd  
Adam Ohnoutka 1st  
Thomas Vrana 2nd

### Dual Record (10-6)

Bishop Neumann 36  
Omaha Concordia 30

Bishop Neumann 37  
Conestoga 36

Bishop Neumann 48  
DC West 6

Bishop Neumann 30  
Logan View 36

Bishop Neumann 57  
Sutton 18

Bishop Neumann 36  
Centennial 39

Bishop Neumann 48  
Columbus Scotus 27

Bishop Neumann 46  
West Point Beemer 36

Bishop Neumann 51  
Milford 27

Bishop Neumann 39  
Neligh-Oakdale 40

Bishop Neumann 28  
Fillmore Central 39

### Districts - 2nd 145.5

Landon Sund 3rd  
Aaron Ohnoutka 1st  
Cade Lierman 1st  
Max Lautenschlager 3rd  
Adam Ohnoutka 3rd  
Thomas Vrana 3rd  
Trent Moudry 1st

### State - 2nd 97.0

Aaron Ohnoutka 1st  
Cade Lierman 2nd  
Max Lautenschlager 4th  
Adam Ohnoutka 4th  
Trent Moudry 2nd

### Wahoo Invite-3rd 131.0

Landon Sund 3rd  
Aaron Ohnoutka 1st  
Max Lautenschlager 2nd  
Adam Ohnoutka 1st  
Thomas Vrana 3rd  
Trent Moudry 1st

### David City - 5th 98.0

Landon Sund 4th  
Aaron Ohnoutka 3rd  
Cade Lierman 1st  
Max Lautenschlager 2nd  
Adam Ohnoutka 3rd  
Thomas Vrana 5th

Bishop Neumann 37  
Mount Michael 24

Bishop Neumann 27  
Raymond Central 48

Bishop Neumann 33  
North Bend 24

Bishop Neumann 34  
Wilber-Clatonia 39

Bishop Neumann 33  
Wahoo 28

2019-2020		Under One Minute Pins														
Aaron Ohnoutka	299.5	Trent Moudry	2022-23	195	0:06	Trent Moudry	2022-23	195	0:44	Thomas Vrana	2022-23	220	0:45			
Seth Fairbanks	228.5	Aaron Ohnoutka	2022-23	126	0:09	Thomas Vrana	2022-23	182	0:46	Adam Ohnoutka	2022-23	160	0:47			
Jon Matulka	225.0	Thomas Vrana	2022-23	182	0:13	Cade Lierman	2022-23	138	0:14	Max Lautenschlager	2022-23	145	0:48			
Samuel Vrana	211.0	Cade Lierman	2022-23	138	0:14	Max Lautenschlager	2022-23	145	0:15	Aaron Ohnoutka	2022-23	126	0:49			
Cade Lierman	141.0	Max Lautenschlager	2022-23	145	0:15	Thomas Vrana	2022-23	182	0:17	Aaron Ohnoutka	2022-23	126	0:49			
Adam Ohnoutka	134.0	Thomas Vrana	2022-23	182	0:17	Max Lautenschlager	2022-23	145	0:22	Thomas Vrana	2022-23	182	0:49			
Conner Specht	102.0	Max Lautenschlager	2022-23	145	0:22	Trent Moudry	2022-23	195	0:22	David Hart	2022-23	132	0:49			
		Trent Moudry	2022-23	195	0:22	Jack Dart	2022-23	170	0:25	Trent Moudry	2022-23	195	0:50			
2020-2021		Max Lautenschlager	2022-23	145	0:27	Max Lautenschlager	2022-23	145	0:27	Trent Moudry	2022-23	195	0:50			
Aaron Ohnoutka	174.0	Trent Moudry	2022-23	195	0:27	Trent Moudry	2022-23	195	0:27	Max Lautenschlager	2022-23	145	0:51			
Samuel Vrana	160.5	Aaron Ohnoutka	2022-23	126	0:28	Aaron Ohnoutka	2022-23	126	0:28	Aaron Ohnoutka	2022-23	126	0:51			
Seth Fairbanks	150.5	Aaron Ohnoutka	2022-23	126	0:30	Aaron Ohnoutka	2022-23	126	0:30	Trent Moudry	2022-23	195	0:51			
Trent Moudry	126.0	Aaron Ohnoutka	2022-23	126	0:30	Cade Lierman	2022-23	138	0:31	Cade Lierman	2022-23	152	0:52			
Cade Lierman	110.0	Cade Lierman	2022-23	138	0:31	Max Lautenschlager	2022-23	145	0:32	Thomas Vrana	2022-23	182	0:52			
Max Lautenschlager	101.0	Max Lautenschlager	2022-23	145	0:32	Cade Lierman	2022-23	138	0:32	Trent Moudry	2022-23	195	0:52			
		Cade Lierman	2022-23	138	0:32	Thomas Vrana	2022-23	220	0:32	Trent Moudry	2022-23	195	0:52			
2021-2022		Thomas Vrana	2022-23	220	0:32	Aaron Ohnoutka	2022-23	126	0:33	Thomas Vrana	2022-23	182	0:53			
Samuel Vrana	270.0	Aaron Ohnoutka	2022-23	126	0:33	Cade Lierman	2022-23	138	0:34	Aaron Ohnoutka	2022-23	126	0:55			
Aaron Ohnoutka	262.0	Cade Lierman	2022-23	138	0:34	Cade Lierman	2022-23	138	0:34	Aaron Ohnoutka	2022-23	126	0:56			
Max Lautenschlager	258.0	Cade Lierman	2022-23	138	0:34	Landon Sund	2022-23	120	0:34	Aaron Ohnoutka	2022-23	126	0:56			
David Hart	212.5	Landon Sund	2022-23	120	0:34	Max Lautenschlager	2022-23	145	0:35	Thomas Vrana	2022-23	182	0:56			
Trent Moudry	202.0	Max Lautenschlager	2022-23	145	0:35	Cade Lierman	2022-23	138	0:36	Trent Moudry	2022-23	220	0:56			
Adam Ohnoutka	157.5	Cade Lierman	2022-23	138	0:36	Aaron Ohnoutka	2022-23	126	0:37	Max Lautenschlager	2022-23	145	0:57			
Thomas Vrana	127.0	Aaron Ohnoutka	2022-23	126	0:37	Thomas Vrana	2022-23	182	0:37	Aaron Ohnoutka	2022-23	126	0:57			
Conner Specht	125.0	Thomas Vrana	2022-23	182	0:37	Trent Moudry	2022-23	220	0:37	Max Lautenschlager	2022-23	145	0:58			
Cade Lierman	113.5	Trent Moudry	2022-23	220	0:37	David Hart	2022-23	132	0:38	Aaron Ohnoutka	2022-23	126	0:58			
Mitchell Hubert	100.0	David Hart	2022-23	132	0:38	Aaron Ohnoutka	2022-23	126	0:39	Trent Moudry	2022-23	195	0:58			
		Aaron Ohnoutka	2022-23	126	0:39	Cade Lierman	2022-23	145	0:40	David Hart	2022-23	132	0:58			
2022-2023		Thomas Vrana	2022-23	195	0:42	Thomas Vrana	2022-23	195	0:42	Max Lautenschlager	2022-23	145	0:59			
Aaron Ohnoutka	326.0	Thomas Vrana	2022-23	195	0:42	Trent Moudry	2022-23	195	0:42	Trent Moudry	2022-23	195	0:59			
Max Lautenschlager	293.5	Trent Moudry	2022-23	195	0:42	Trent Moudry	2022-23	195	0:42	David Hart	2022-23	132	0:59			
Adam Ohnoutka	282.0	Trent Moudry	2022-23	195	0:42	Landon Sund	2022-23	120	0:43	Max Lautenschlager	2022-23	145	0:59			
Cade Lierman	254.5	Landon Sund	2022-23	120	0:43	Aaron Ohnoutka	2022-23	126	0:44	Trent Moudry	2022-23	195	0:59			
Trent Moudry	247.0	Aaron Ohnoutka	2022-23	126	0:44								David Hart	2022-23	132	0:59
Landon Sund	246.5															
Thomas Vrana	220.0															
David Hart	123.0															

### Pin Records by Weight Class

:14	103/106	Collin Lindley	2005-06
:26	113	Ian Ingwersen	2013-14
:27	119/120	Josh Urlacher	2019-20
:09	125/126	Aaron Ohnoutka	2022-23
:14	130/132	Max Lautenschlager	2019-20
:06	135/138	Andre Mytty	2010-11
:11	140/145	Sean Determan	2013-14
:14	152	Conner Specht	2020-21
:10	160	Jonathon Swanson	2011-12
:12	171/170	Toby Martin	2008-09
:13	182	Wyatt Svava	2015-16
:13	182	Thomas Vrana	2022-23
:06	189/195	Trent Moudry	2022-23
:09	215/220	Philip Chohon	2008-09
:07	275/285	Evan Welsh	2017-18

### Most Event Points

Dual	72 – Mt Michael	2008-09
Tournament	214 – Fullerton	2008-09

### Wins in a Season

Rank	Wins	Name	Season
1	53	Aaron Ohnoutka	22-23
2	52	Max Hohn	18-19
3	50	Adam Ohnoutka	22-23
4	49	Max Lautenschlager	22-23
5	47	Cade Lierman	22-23
		Evan Welsh	17-18
6	46	Sam Vrana	21-22
		Aaron Ohnoutka	21-22
7	45	Aaron Ohnoutka	19-20
		Max Lautenschlager	21-22
8	43	Seth Fairbanks	19-20
		Landon Sund	22-23
9	41	Thomas Vrana	22-23
10	40	Trent Moudry	22-23
11	39	3 Wrestlers	

### Team Points in a Season

Rank	Points	Name	Season
1	326.0	Aaron Ohnutka	22-23
2	299.5	Aaron Ohnutka	19-20
3	293.5	Max Lautenschlager	22-23
		Max Hohn	18-19
4	292.0	Evan Welsh	17-18
5	282.0	Adam Ohnoutka	22-23
6	270.0	Sam Vrana	21-22
7	262.0	Aaron Ohnutka	21-22
8	258.0	Max Lautenschlager	21-22
9	254.5	Cade Lierman	22-23
10	250.0	John Wonka	08-09
11	247.0	Trent Moudry	22-23
12	246.5	Landon Sund	22-23

### Reversals in a Season

Rank	Reversal	Name	Season
1	33	Conner Specht	19-20
2	32	Adam Ohnoutka	21-22
3	31	Connor Specht	18-19
		Andrew Hart	14-15
4	30	Shawn Barger	12-13
5	29	Seth Fairbanks	18-19
6	28	Isaac Ingwersen	13-14
7	27	4 wrestlers	
		Max Lautenschlager	22-23
8	26	4 Wrestlers	
		Adam Ohnoutka	22-23
9	25	Sam Vrana	21-22
		3 Wrestlers	
10	23		

# Best in a Season

2022-2023

### Pins in a Season

Rank	Pins	Name	Season
1	36	Max Lautenschlager	22-23
2	34	Evan Welsh	17-18
3	32	Thomas Vrana	22-23
		Max Lautenschlager	21-22
4	31	Aaron Ohnoutka	22-23
		Max Hohn	18-19
5	29	Jon Matulka	19-20
6	27	Cade Lierman	22-23
		Trent Moudry	22-23
		Aaron Ohnoutka	19-20
7	26	Landon Sund	22-23
		Sam Vrana	21-22
		John Wonka	08-09
8	25	Adam Ohnoutka	22-23
		Seth Fairbanks	19-20
		3 Wrestlers	
9	24	3 Wrestlers	
10	23	John Klement	18-19
		3 Wrestlers	
11	22	Aaron Ohnoutka	21-22
		Trent Moudry	21-22
		Conner Specht	19-20
		Luke Fairbanks	17-18
		John Wonka	07-08

### Takedowns in a Season

Rank	Takedowns	Name	Season
1	108	Cade Lierman	22-23
2	103	Jake Bruner	10-11
		Max Hohn	18-19
3	92	Adam Ohnoutka	22-23
4	88	Luke Haberman	16-17
5	87	Aaron Ohnoutka	19-20
6	78	Luke Haberman	15-16
7	74	Aaron Ohnotka	22-23
		Max Lautenschlager	22-23
8	71	Max Lautenschlager	21-22
9	70	Seth Fairbanks	19-20
10	68	3 Wrestlers	
11	67	Aaron Ohnotka	21-22
		David Hart	21-22

### Escapes in a Season

Rank	Esc.	Name	Season
1	72	Cade Lierman	19-20
2	45	Sam Vrana	19-20
3	43	Max Lautenschlager	19-20
4	41	John Chohon	12-13
5	40	Ian Ingwersen	16-17
6	39	Ian Ingwersen	15-16
7	38	Cade Lierman	21-22
		Jake Bruner	08-09
8	37	Alex Vasa	10-11
		Cade Lierman	22-23
9	34	Sam Vrana	21-22
		Adam Ohnoutka	21-22

### 2 Pt. Near Fall in a season

Rank	NF2	Name	Season
1	25	Adam Ohnoutka	22-23
2	24	Adam Ohnoutka	21-22
3	22	Max Hohn	18-19
4	18	Max Lautenschlager	21-22
		Aaron Ohnoutka	21-22
		Adam Ohnoutka	19-20
		Alex Vasa	10-11
5	17	Max Lautenschlager	22-23
		Lance Bruner	12-13
6	16	2 Wrestlers	
7	15	Landon Sund	22-23
		2 Wrestlers	
8	14	David Hart	22-23
		3 Wrestlers	
9	13	David Hart	21-22
		4 Wrestlers	

### 3 Pt. Near Fall in a Season

Rank	NF3	Name	Season
1	34	Max Hohn	18-19
2	26	Max Lautenschlager	22-23
3	24	Sam Vrana	21-22
4	21	Luke Haberman	16-17
5	20	Landon Sund	22-23
		Sam Vrana	19-20
		Adam Ohnoutka	19-20
6	19	Sam Vrana	20-21
		Keith Chvatal	08-09
7	18	Adam Ohnoutka	22-23
		3 Wrestlers	
8	17	Cade Lierman	22-23
		Sam Vrana	18-19

# Career Top 10

2022-2023

*Wins in a Career*

Rank	Career	Name
1	171	Aaron Ohnoutka
2	155	Max Hohn
3	133	Max Lautenschlager
3	133	Samuel Vrana
4	128	Luke Haberman
5	123	Seth Fairbanks
6	120	Adam Ohnoutka
7	119	Evan Welsh
8	114	Cade Lierman
9	100	Keith Chvatal
10	98	John Wonka

*Team Points in a Career*

Rank	Career	Name
1	1061.5	Aaron Ohnoutka
2	846.5	Max Hohn
3	798.0	Evan Welsh
4	745.5	Samuel Vrana
5	735.5	Max Lautenschlager
6	693.0	John Wonka
7	648.0	Seth Fairbanks
8	632.5	Adam Ohnoutka
9	628.0	Luke Haberman
10	619.0	Cade Lierman

*Pins in a Career*

Rank	Career	Name
1	93	Max Hohn
2	91	Aaron Ohnoutka
2	91	Max Lautenschlager
3	83	Evan Welsh
4	81	Samuel Vrana
5	75	Luke Haberman
6	74	John Wonka
7	73	Keith Chvatal
7	73	Thomas Vrana
8	71	Seth Fairbanks

*Takedowns in a Career*

Rank	Career	Name
1	283	Max Hohn
2	265	Aaron Ohnoutka
3	244	Cade Lierman
4	239	Luke Haberman
5	220	Jake Bruner
6	209	Max Lautenschlager
7	195	Samuel Vrana
8	193	Adam Ohnoutka
9	189	Seth Fairbanks
10	175	Lance Bruner

*Escapes in a Career*

Rank	Career	Name
1	175	Cade Lierman
2	120	Ian Ingwersen
3	118	Samuel Vrana
4	106	Max Lautenschlager
5	102	Lance Bruner
6	100	Jake Bruner
7	92	Adam Ohnoutka
8	90	Luke Haberman
9	87	John Chohon
10	84	Seth Fairbanks

*Reversals in a Career*

Rank	Career	Name
1	104	Conner Specht
2	95	Seth Fairbanks
3	93	Samuel Vrana
4	87	Adam Ohnoutka
5	85	Max Hohn
6	74	Andrew Hart
6	74	Keith Chvatal
7	72	Dennis George
8	68	Aaron Ohnoutka
9	65	Shawn Barger
10	60	Max Lautenschlager
11	56	Luke Haberman

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*2 Pt. Near Fall in a Career*

Rank	Career	Name
1	74	Adam Ohnoutka
2	54	Max Hohn
3	46	Max Lautenschlager
4	44	Seth Fairbanks
5	43	Aaron Ohnoutka
6	41	Samuel Vrana
7	40	Luke Haberman
8	35	Andrew Hart
9	34	Lance Bruner
10	33	Wyatt Svara
10	33	Ian Ingwersen
11	32	Collin Lindley
12	29	Josh Urlacher

*3 Pt. Near Fall in a Career*

Rank	Career	Name
1	80	Samuel Vrana
2	79	Max Hohn
3	55	Collin Lindley
3	55	Keith Chvatal
4	54	Adam Ohnoutka
4	54	Max Lautenschlager
5	53	Luke Haberman
6	48	Seth Fairbanks
7	44	Aaron Ohnoutka
8	39	Cade Lierman

## TEAM AWARDS

	<b><u>Outstanding Wrestler</u></b>	<b><u>Team Captain</u></b>	<b><u>Most Improved</u></b>
2005-06	Keith Chvatal	Keith Chvatal Alex Brandt	Nick Brandt
2006-07	John Wonka Collin Lindley	Eric Koranda Keith Chvatal Nick Brandt	Eric Koranda Nathan Woita
2007-08	John Wonka	Keith Chvatal Eric Koranda Nick Brandt	Tyler Benes
2008-09	John Wonka	Keith Chvatal Collin Lindley	Matt Koranda
2009-10	Jake Bruner	Jesse Sladky Toby Martin Christian Clark	Jesse Sladky Alex Vasa
2010-11	Jake Bruner	Jake Bruner Matt Koranda Alex Vasa	Andre Mytty
2011-12	Isaac Martin	Isaac Martin Ryan Pokorny	Lance Bruner Dennis George
2012-13	Lance Bruner	Lance Bruner Dennis George	Wyatt Svara John Chohon
2013-14	John Chohon	Isaac Ingwersen Nate Kmiecek	Patrick George Luke Haberman Ian Ingwersen
2014-15	Evan Welsh	Wyatt Svara Luke Haberman	Jesse Meduna Tristan Cloyed
2015-16	Wyatt Svara Evan Welsh	Shawn Barger Luke Haberman	Andrew Hart
2016-17	Luke Haberman Tristan Cloyed	Andrew Hart Evan Welsh	Luke Fairbanks
2017-18	Evan Welsh	Evan Welsh Luke Fairbanks Max Hohn	Philip Chohon Seth Fairbanks
2018-19	Luke Fairbanks Max Hohn	Philip Chohon Max Hohn	John Klement
2019-20	Aaron Ohnoutka	Bobby Hageman Samuel Vrana	Seth Fairbanks Thomas Vrana
2020-21	Aaron Ohnoutka Cade Lierman	Samuel Vrana Seth Fairbanks	Max Lautenschlager Trent Moudry
2021-22	Aaron Ohnoutka	Samuel Vrana	Thomas Vrana Max Lautenschlager
2022-23	Aaron Ohnoutka	Adam Ohnoutka Trent Moudry	Adam Ohnoutka Landon Sund

**Outstanding Wrestler** – The person(s) who the coaches determined contributed the most to the success and was a valuable asset to the team.

**Team Captain** – The person(s) who the coaches determined demonstrated leadership, dependability, hard work and supported their teammates and the program.

**Most Improved** – The person(s) who the coaches determined improved the most from last year to this year or from the beginning of the year to the end of the year. This does not necessarily mean wins and losses, but overall improvement.